

Micro Laser Peel Pre-Procedure Instructions

- No sun exposure or tanning beds 2 weeks prior to procedure and for 4 weeks after.
- 2. No ibuprofen (Motrin, Advil), naproxen (Aleve), or aspirin for 1 week prior and 24 hours after procedure.
- 3. Let your doctor know if you have a history of fever blisters. You may be prescribed medication.
- 4. Come to your procedure with a clean face (no makeup, lotions, or sunscreens).
- 5. You should plan to avoid heavy exercise or getting overheated for 48 hours after the procedure.
- 6. Allow 48 hours after Botox injection and 2 weeks after filler injection before having the procedure done.
- You should not be treated with this procedure if you are pregnant or might be pregnant.