



DERMATOLOGY DEPARTMENT

Sclerotherapy Patient Instructions

Before Sclerotherapy

- No aspirin or aspirin containing products for 10 days prior to procedure.
- No anti-inflammatory medications such as Advil, Motrin, or Aleve for 72 hours prior to procedure.
- Tell your physician if you are pregnant or have a history of a clotting disorder.
- Bring shorts to wear during the procedure
- Wear loose clothing after the procedure to fit around and cover the ace wraps placed after the procedure.
- You may want to purchase support hose prior to the procedure that will need to be placed in 24 hours. (Leggs active support, No-nonsense support found in drugstores or Haines in department stores.)

After Sclerotherapy

- Keep the bandage in place for 24 hours
- No exercise for 24 Hours. Normal daily activity is fine.
- Wear support hose for 7 days after the procedure while awake. The compression helps close off the unwanted spider veins
- Two treatments are almost required to obtain the desired results. The 2nd treatment can be done 4-6 weeks after the 1st.
- Mild swelling of the lower legs or ankles is normal. Bruising at the injection sites is normal and should resolve within 2 weeks. Please call the office at 246-9332 if pain or redness occurs.