



**The Baton Rouge Clinic, AMC**  
**Laser & Aesthetics Department**  
Appointments & Office: (225) 246-9741

## **Laser Hair Reduction**

### **Pre-Treatment Instructions**

1. No sun exposure, tanning beds, self-tanning lotions, or spray tans 4 weeks before and 4 weeks after procedure.
2. Shave the area 24 hours before the procedure.
3. No waxing, depilatory creams, or tweezing for 4 weeks before the procedure.
4. Inform your doctor before you come for your procedure if you have a history of fever blisters or herpes simplex.
5. You should not be treated with this procedure if you are pregnant or might be pregnant.