



**The Baton Rouge Clinic, AMC**  
**Laser & Aesthetics Department**  
Appointments & Office: (225) 246-9741

**ProFractional – XC™**  
**Pre-Treatment Instructions**

1. No sun exposure or tanning beds 4 weeks prior to procedure and for 4 weeks after.
2. No ibuprofen (*Motrin, Advil*), naproxen (*Aleve*), or aspirin for 1 week prior and 48 hours after procedure.
3. No smoking 3 weeks prior or 3 weeks after procedure.
4. Let your doctor know if you have a history of fever blisters.
5. Come to your procedure with a clean face (*no makeup, lotions, or sunscreens*).
6. You should plan to avoid heavy exercise or getting overheated for 48 hours after the procedure. It may be longer depending on the depth of the procedure and the amount of swelling you have.
7. Allow 48 hours after Botox injection and 2 weeks after filler injection before having the procedure done.
8. You should not be treated with this procedure if you are pregnant or might be pregnant.